

## Curriculum Vitae

**McClain Sampson, Ph.D., M.S.S.W.**

**Graduate College of Social Work**

The University of Houston

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Research Areas of Interest: Perinatal mental health promotion and intervention, community engaged research, motivational interviewing, social work in collaborative care models.

### EDUCATION

Jan. 2010- Jan. 2011	<i>Post-Doctoral Research Fellow</i> Baylor College of Medicine, Department of Psychiatry and Behavioral Sciences Primary Mentor: Britta Ostermeyer, M.D. Project CHOICES <i>Plus</i> (P.I. Velasquez, M., University of Texas Austin)
May 2009	Ph.D. in Social Work. The University of Texas at Austin.
May 2005	The University of Tennessee, Knoxville Master of Science in Social Work, Management and Community Practice Concentration
May 1994	The University of Colorado, Boulder Bachelor of Arts, Psychology

### CURRENT POSITIONS

Jan 2023- May 2024	Fellow, Maternal & Reproductive Health Rice University's Baker Institute for Public Policy
Jan. 2011- Present	Associate Professor (Rank promotion to Associate Sept. 2017) The University of Houston, Graduate College of Social Work Houston, TX

### COURSES TAUGHT

*University of Houston, Graduate College of Social Work*

- Praxis in Clinical Social Work (Spring 2025)
- Behavioral Health in Integrated Care Settings (Spring 2017-2022)
- Assessment in Social Work Practice (Spring, 2011; Spring, 2012; Fall, 2012; Spring 2013)
- Qualitative Research Methods (doctoral; Fall 2012-2019; 2022;2023)

- Ph.D. Research Internship (two students Fall 2011; Spring 2012; Fall 2013; Fall 2015; Spring 2016)
- Independent Study/Research Internship supervision (summers 2012, 2013, 2016, 2017, 2019)

2012-2014     *Baylor College of Medicine, Department of Psychiatry and Behavioral Sciences*

- Motivational interviewing techniques for mental health professionals in primary care settings

## **Mentoring**

K01MDO19724 (PI: Petruzzi)

National Institute for Minority Health  
& Health Disparities

09/01/2024-08/01/-2029

*Improving Perinatal Mental Health among Latinas through a Culturally Adapted, Multi-Level Intervention.*

Role: Key Personnel/Mentor

1F31MH123127-01A1 (PI:

Wall)

09/01/202009/01/2023

National Institute of Mental Health

*The Feasibility and Acceptability of the Mediation Intervention for Sensitizing Caregivers for Mothers with Borderline Personality Disorder*

Role: Key Personnel/Mentor

**Faculty supervisor:** Rice University, Center for Civic Leadership. Capstone course in maternal health. September 2020-May 2021.

**Faculty mentor** 2022-2023: Albert Schweitzer Fellowship. Project MatCHrescence, which focuses on sister circle peer mentoring to increase support for the reproductive wellness needs of people experiencing pregnancy and postpartum in Houston.

## **CURRENT FUNDED RESEARCH**

Aug. 2023     National Science Foundation. Build and Broaden funding. Identifying and Understanding the Social and Policy Determinants of Obstetric-Care, Maternal Mortality, and Morbidity (P.I., Langa, N. Role: co-PI. Funding: 340,000.

Nov 2017-     Internal Advisory Committee, “SUSTAIN Wellbeing COMPASS Coordinating Center: Supporting US Southern States to Incorporate Trauma-Informed HIV/AIDS Initiatives for Wellbeing” Award period: November 2017 to November 2025, The Gilead COMPASS Initiative, \$5,000,000 (10%)

## **COMPLETED FUNDED RESEARCH**

May 2024	Health Resources and Services Administration. Perinatal Outreach Grant Perinatal Health Equity: A Healthy Start Initiative. G0502720. (Role: PI, \$4.9 million)
Jan. 2023	Humana Institute at University of Houston. Health Equity Pilot Study funding. “Attitudes, perceptions and usage of maternal medical home models for perinatal health”. (Role: PI, \$50,000)
May 2021	University of Houston Seed Grant. Community-Based Integrated health teams: A Qualitative Study of Their Core Functions & Features & their Responses to COVID-19. (Role: Co-Investigator, \$40,000).
June 2021	Health Resources and Services Administration. Behavioral Health Workforce and Education Training Grant. GLOBE Youth Team Training. (Role: PI. \$1,974,000.00); (Transferred PI 7/2024).
May 2018	Episcopal Health Foundation, Pediatric Integrated Behavioral Health Model. (Role: Co-Investigator, \$175,000).
Sept. 2017	Health Resources and Services Administration. Behavioral Health Workforce and Education Training Grant. GLOBE Team Training. G0503949. (Role: PI. \$1,974,000.00)
June 2016	Health Resources and Services Administration. Behavioral Health Workforce and Education Training Grant. (PI: Schwartz. Role: Co-PI. \$277,481)
June 2016	W.K. Kellogg Foundation. Latina Maternal and Family Health Project. (Role, Co-Director. \$500,000). This is a community-based project to extend the “PST4PPD” postpartum depression intervention to be culturally responsive to Latinas.
Feb. 2016	Texas Academy of Family Physicians. Behavioral Health Integration at El Centro: A Pilot Study. (Role: Co: PI. \$5,000).
Aug. 2015	National Institutes of Health. Loan Repayment Program, Clinical Research (Role, P.I.) up to \$35,000.
Sept 2014-	U.S. Dept. of Health and Human Services. Health Resources Services Administration (HRSA). GO2HP27980. Mental and Behavioral Health Behavioral Health Workforce Education and Training Grant. (Role, P.I., \$1, 439, 986.00).
Jan. 2014-	Hogg Foundation Mental Health Researcher, Tenure Track. A Problem

- June 2016 Solving Tools Home Visit Intervention for Postpartum Depression Prevention (Role, P.I. \$19, 250)
- Sept. 2012- U.S. Dept. of Health and Human Services. Health Resources Services  
Sept. 2015 Administration (HRSA). M01HP25198. Mental and Behavioral Health Education and Training Grant. Role, P.I., \$468,000).
- March 2012 University of Houston New Faculty Grant. Prevention of Postpartum Depression: Development of a Home Visiting Intervention for Low-Income, Culturally Diverse Expectant Mothers (Role, P.I., \$5,800)
- March 2012 Drug Abuse Research Development Program, University of Houston Graduate College of Social Work. Matching funds for Development of an Intervention for Postpartum Depression Among Impoverished Mothers. (Role, P.I. \$4,900)
- Sept. 2011 New Faculty Research Startup Fund, University of Houston (\$15,000)

#### **SCHOLARSHIPS & AWARDS**

- 2020, 2021 University of Houston, Fifty in 5 Distinguished Faculty  
2021 Phi Alpha Honorary Distinguished Faculty
- 2019 Finalist for the Provost Teaching Excellence Award, Community Engagement
- 2015, 2016 Nominated for Assistant Professor Excellence Series. (*APEX*). University of Houston
- 2013 *Susan Hickman Research Award*. Reducing Postpartum Depression: Development of an Intervention for Low-Income Culturally Diverse Expectant Mothers. Postpartum Support International.
- 2012, 2013 *Nominated for Distinguished Faculty Scholar Award*. University of Houston, University Women's Commission.
- 2006 *DeMoll Fellowship*, The School of Social Work, The University of Texas at Austin
- 2006 *Graduate Instructor Award*- The University of Texas at Austin Texas
- 2005 *Endowed Presidential Scholarship*, The School of Social Work, The University of Texas at Austin

#### **PUBLICATIONS**

### ***Peer-Reviewed Manuscripts***

1. Yu, M., Washburn, M., Bayhi, J. L., Xu, W., Carr, L., & Sampson, M. (2025). Home visiting for postpartum depression. *The Cochrane database of systematic reviews*, 1(1), CD015984. <https://doi.org/10.1002/14651858.CD015984>
2. Sampson, W., Xu, W., York, F.N., Roberson, J. (2025). A community-based intervention for mental health and wellbeing in pregnancy and postpartum care: One Healthy Start site's story. *International Journal of Women's Health*. 385-397. <https://doi.org/10.2147/IJWH.S474015>
3. Sampson, M., Kennedy, P. (2024) The benefit of community and family support during the perinatal period for Latina immigrants. *Cuadernos Fronterizos*. 62, 36-38.
4. Sampson, M., Yu, M., Mauldin, R., Mayorga, N.A. & Gonzalez, L.G. (2024). Home visits for postpartum depression intervention among low-income Latinas: Results from the PST4PPD project. *Social Work in Public Health*.
5. Xu, W. & Sampson, M. (2022). Prenatal and childbirth risk factors of postpartum pain and depression: A machine learning approach. *Maternal and Child Health Journal*. Vol. 27(2): 286-296.
6. Sampson, M., Xu, W., & Prabhu, S. (2022). Tailoring Perinatal Health Communication: Centering the Voices of Mothers at Risk for Maternal Mortality and Morbidity. *International Journal of Environmental Research and Public Health*, 20(1), 186. MDPI AG. Retrieved from <http://dx.doi.org/10.3390/ijerph20010186>
7. Mantel, J., Sampson, M., Buck, D.S., Liaw, W., Woodard, L & Singh, J. (2022). Developing a health care workforce that supports team-based care models that integrate health and social services. *Saint Louis University Journal of Health Law & Policy*. Vol. 15:2, 237-274.
8. Van Horne, B.S., Nong, Y.H., Cain, C.M., Sampson, M., Greeley, C.S. & Puryear, L. (2022). Model of Care for Postpartum Depression: A Randomized Controlled Pilot Study of a Brief Home Visitation Program Compared to Psychiatry Referral. *Health and Social Care in the Community*. Available online: <https://doi.org/10.1111/hsc.13658>.
9. Sampson, M. Mauldin, R.L., Miao, Yu. (2021). Reducing depression among mothers in a residential treatment setting: building evidence for the PST4PPD intervention. *Social Work in Mental Health*. 19(1), 1-17, doi: [10.1080/15332985.2020.1832644](https://doi.org/10.1080/15332985.2020.1832644)
10. Sampson, M., Yu, M., Mauldin, R.L., Mayorga, A. & Gonzalez, L.G. (2021). "You withhold what you are feeling so you can have a family": Latinas perceptions on community values and postpartum depression. *Family Medicine & Community Health*. 9(3): doi: 10.1136/fmch-2020-000504. PMID: 34215669; PMCID: PMC8256751.
11. Sampson, M. (2021). Engaging and Treating Low-income Mothers for PPD. *Professional Development: The International Journal of Continuing Social Work Education*, 24(1), 56-62.

12. Yu, M., Yu, L., Sampson, M. & Rubin, A. (2021). Longitudinal Study of the Stress-buffering Effect of Social Support on Postpartum Depression: A Structural Equation Modeling Approach. *Anxiety, Stress & Coping*. 34:6, 751-765, DOI: [10.1080/10615806.2021.1921160](https://doi.org/10.1080/10615806.2021.1921160)
13. Washburn, M., Zhou, S., Sampson, M.M. & Palmer, A. (2021). A Pilot Study of Peer-to-Peer SBIRT Simulation as a Clinical Telehealth Training Tool During COVID-19. [ *Clinical Social Work Journal*. Special issue: Simulation & Clinical Social Work] DOI: 10.1007/s10615-021-00799-8
14. Sampson, M., Mauldin, R. & Yu, M. (2021). Reducing Postpartum Depression among Mothers in Recovery: Feasibility and Effectiveness for a Problem Solving Intervention in a Residential Treatment Setting. *Social Work and Mental Health*, 19(1), DOI: 10.1080/15332985.2020.1832644
15. Al Rawwad, T., Washburn, M., Torres, L.R. & Sampson, M. (2020) HIV Knowledge of Middle Eastern and North Africans 18-35 Residing in the U.S.: A Cross Sectional Study, *Social Work in Public Health*, DOI: 10.1080/19371918.2020.1785366
16. Sampson, M., Derige, D.N., Rawaad, T., Gonzalez, G.G., Hojat-Gallin, N. & Torres, L.R. (2020). A Latino family approach: The design and effectiveness of a community informed breastfeeding curriculum. *Journal of Health Science & Education*. 4(2): 1-6. DOI: 10.0000/JHSE.1000183.
17. Ledoux, TA, Daundasekara, SS, Beasley, A., Robinson, J, & Sampson, M. (2020). The association between pre-conception intuitive eating and gestational weight gain. *Eating and Weight Disorders*. doi: 10.1007/s40519-020-00878-8. [Epub ahead of print]
18. Yu, M. & Sampson, M. (2019) Pediatricians attitudes and practices on postpartum depression screening: training and interprofessional collaboration needed. Submitted to *Journal of Interprofessional Education & Practice*. 15 (1-4).
19. Davidson, M.R., Armstrong, A. & Sampson, M. (2018). Childbearing in geographically isolated communities: the smith island experience. *Journal of Women's Health, Issues & Care*. 5(6), 1-6. DOI: 10.4172/2325-9795.1000262
20. Sampson, M., Parrish, D.E. & Washburn, M. (2018). Assessing MSW students in integrated behavioral health skills using an objective structured clinical examination. *Journal of Social Work Education*. 287-299. <https://doi.org/10.1080/10437797.2017.1299064>
21. Sampson, M., Torres, M.I., Duron, J., Davidson, M (2017). Latina Immigrants' Cultural Beliefs About Postpartum Depression. *Affilia: Journal of Women and Social Work*. DOI: 10.1177/0886109917738745.
22. Sampson, M., Duron, J., Mauldin, R.L., Kao, D.T, Davidson, M.R. (2017). Postpartum depression, risk factors and child's home environment among mothers in a home visiting program. *Journal of Child and Family Studies*, 26(10), 2772-2781.
23. Villarreal, Y., Torres, L.R., Stotts, A., Ren, Y., Sampson, M. & Bordnick, P.S. (2017). Stress, depression, and drug use among aging Mexican American men living in the barrio. *Journal of Social Work Practice in the Addictions*, 17(4), 388-401. DOI: <https://doi.org/10.1080/15332566X.2017.1369884>.

24. Sampson, M. (2017) Meeting the demand for behavioral health clinicians: Innovative training through the GLOBE Youth Project. *Journal of Social Work Education*. 53(4), 744-750.
25. Yu, M. & Sampson, M. Closing the gap between policy and practice in screening for perinatal mood disorder: a policy analysis. (2016) *Social Work in Public Health*, DOI: 10.1080/19371918.2016.1160337.
26. Sampson, M., Villarreal, Y. & Padilla, Y. (2015). Association between types of support and maternal stress at one year postpartum. Does type matter? *Social Work Research*. doi: 10.1093/swr/svu031
27. Sampson, M. & Torres, L.R. (2015). What tension between fidelity and cultural adaptation? A Reaction Marsiglia & Booth. *Research on Social Work Practice*, published online before print. DOI: 10.1177/1049731515599067
28. Ledoux, T., Gallagher, M.R., Ciampolini, M. and Sampson, M. (2014) Biofeedback Enhanced Lifestyle Intervention: Exploring the Experience of Participants in a Novel Intervention for Disinhibited Eating and Obesity. *Journal of Preventive Medicine*, 4, <http://dx.doi.org/10.4236/2014>.
29. Sampson, M., Villarreal, Y., Rubin, A. (2014). Problem solving therapy for low-income, pregnant women at risk for postpartum depression. *Research on Social Work Practice*. Doi: 10.1177/1049731514551143.
30. Sampson, M., Duron, J., Torres, M. I., & Davidson, M. (November, 2014), *Women's Healthcare: A Clinical Journal for Nurse Practitioners*. "A Disease You Just Caught": Low-Income African-American Mothers' Cultural Beliefs About Postpartum Depression.
31. Sampson, M., Zayas, L.H., Seifert, S.B. (2013). Treatment Engagement Using Motivational Interviewing for Low-Income Mothers with Postpartum Depression. *Clinical Social Work Journal*. 41(4), 387-394 doi: 10.1007/s10615-012-0422-1
32. Parrish, D., von Sternberg, K., Velasquez, M.M., Cochran, J., Sampson, M.M., Dollan-Mullen, P. (2011). Characteristics and factors associated with the risk of a nicotine-exposed pregnancy: Expanding the CHOICES pre-conception counseling model to tobacco. *Journal of Maternal and Child Health*, doi: 10.1007/s10995-011-0848-z. [PMID: 21735139](https://pubmed.ncbi.nlm.nih.gov/21735139/)
33. Cardoso, J.B., Padilla, Y, Sampson, M. (2010). Racial and ethnic variation in predictors of maternal parenting stress. *Social Service Research*. 36(5), 429.
34. Jones, B., Pomeroy, E. & Sampson, M. (2009). University community partnerships and community based participatory research: One community's approach to enhance capacity in end-of-life and bereavement practice, research, and education. *Journal of Social Work in End-of-Life and Palliative Care*, 5(1) 94-104
35. Jones, B., Sampson, M., Greathouse, J., Legett, S., Higgerson, R. and Christie, L. (2007). Comfort and confidence levels of health care professionals providing pediatric palliative care in the intensive care unit. *Journal of Social Work in End-of-Life and Palliative Care*, 3(3), 39-58.

## MEDIA

2023 Podcast: Maternal Mortality in Texas, Feb. 2023; Podcast: Action Research by GCSW. "A Healthy Start for Black Infants in Houston".  
2024 Houston Public Media, TX extends postpartum Medicaid and CHIP coverage for mothers, Interview. <https://www.houstonpublicmedia.org/articles/news/health-science/2024/02/29/479392/texas-extends-postpartum-medicaid-and-chip-coverage-for-mothers/>

## **BOOK CHAPTERS**

Zayas, L.H., **Sampson, M.** (2013). Perinatal Depression and Treatments for U.S. Latinas: A Review of Research *Perinatal depression among Spanish-Speaking Women: A Global perspective on prevalence, treatment, and outcomes*. (Eds. Cinisomo, L.S. & Wisner, K.) Springer Publishing Co.

**Sampson, M.**, Stephens, N.S. and Velasquez, M.M. (August, 2009). Motivational Interviewing. In *The Clinician's Guide to Evidence-Based Practice* (Eds. Rubin, A., & Springer, D.). John Wiley and Sons.

## **BOOK REVIEWS**

Iachini, A.L., Brownstein, L.R. & Mellin, E. (2018). A Guide for Interprofessional Collaboration (CSWE; Stanhope).

### ***Manuscripts Submitted or In Progress***

Langa, N. et.al, (2025). Intersecting social inequalities in prenatal and postnatal care: Examining race, ethnicity, socioeconomic status, and geographic location. Revise & Resubmit, *Social Science & Medicine*.

Petruzzi, L. et. al, (2025). Can Social Work Interventions Improve Perinatal Mental Health Outcomes?: A Systematic Review. Revise & Resubmit, *Women's Health Issues*.

## **CONFERENCE PRESENTATIONS**

\* indicates work with doctoral student

### ***National***

Sampson, M. (2025). Toward Equity in Mental Health in Pregnancy and Postpartum for Black and (Latina Women: One Healthy Start Site's Story". Society of Social Work Research Annual Conference: Seattle, Washington.

Petruzzi, L. et.al, (2025). Social Work Interventions Can Improve Perinatal Mental Health: A Systematized Review. Oral Paper, Society of Social Work Research Annual Conference: Seattle, Washington.

\*Xu, W., Sampson, M. & Cheung, M. (2025). Zooming in and out: Narratives of Becoming Mothers in Contemporary Mainland China. Poster, Society of Social Work Research Annual Conference: Seattle, Washington.



\*Sampson, M., Strohl, K., Xu, W. & Boyd, R. (2024). Centering mothers and community to prevent maternal mortality and morbidity. E-Poster presented at Society of Social Work Research Annual Conference: Washington, D.C.

Xu, W., Sampson, M., Cheung, M. (Jan 2024). "What if it matters/works?" Chinese Mothers' Stories of Using Complementary and Alternative Medicine. Poster Presentation. 27th Annual Conference of the Society for Social Work and Research (SSWR), Washington, DC.

Sampson, M., Xu, W., Caracostis, A., Dobbins, J., Bell, E., Chen S., Dunn, K., & Lalani F. (July 2023). Continuity of Care: An observation of the Maternal Medical Home Model in a Federally Qualified Health Center setting. Poster Presentation. Community Health Institute (CHI) & Expo Conference, San Deigo, CA.

Sampson, Strohl K., Parrish, D., Xu, W. (Jan 2023). Toward interprofessional Health Service delivery: Results from a HRSA Behavioral Health Workforce and Education Training Program. Poster Presentation. 26th Annual Conference of the Society for Social Work and Research (SSWR), Phoenix, AZ.

Sampson, M., Xu, W., & Yu, M. (Jan 2023). Demonstrating solutions for health equities in maternal and infant birth outcomes: findings from a community-based program. Oral Presentation. 26th Annual Conference of the Society for Social Work and Research (SSWR), Phoenix, AZ.

\***Sampson, M.**, Yu, J. & Strohl, K. (2022) Key Features and Characteristics of Success Among Community Based Health Integrated Teams. Society of Social Work Research Annual Conference: Phoenix, AZ.

\***Sampson, M.**, Xu, W. & Frank, S. (2022). Recruiting Hard-to-reach Mothers for Perinatal Home Visiting Services in the Age of COVID-19: A Cost-effectiveness Comparison. Oral paper presentation. American Public Health Association Annual Conference: Boston, MA.

\*Xu, W., **Sampson, M.**, Yu, M. (2022). When home visiting meets client information system, but it doesn't work: A case study. Oral paper presentation. Council on Social Work Education Annual Program Meeting: Anaheim, CA.

Bledsoe, B., Adihikari, A., Edmond, T, **Sampson, M.**, Walsh, T. & Price, SK. (2022) The Impact of COVID-19 on Maternal Research Careers: Advancing Equity and Justice in Social Work Research. Roundtable Presentation. Council on Social Work Education Annual Program Meeting: Anaheim, CA.

\*Sampson, M., Yu, M., Strohl, K, Mantel, J. Community Integrated Health Teams: Exploration of Team Successes and Setbacks. Oral paper presentation. Council on Social Work Education Annual Program Meeting: Anaheim, CA.

**Sampson, M.**, Van Horne, B., Nong, Y.H., Cain, C., Diaz, L., Greeley, C.S. (2022). Model of Care for Postpartum Depression: A Randomized Controlled Pilot Study of a Brief Home Visitation Program Compared to Psychiatry Referral. Oral paper. Society on Social Work Research Conference. Washington, D.C.

\***Sampson, M.** & Xu, W. (2022). Marketing a Maternal and Infant Mortality Prevention Program in the Age of COVID-19: Lessons Learned from UH Healthy Start Initiative. Society on Social Work Research Conference. Washington, D.C.

Price, S.K., Bina, R., Bledsoe, S.E. & **Sampson, M.** (2021). How we use our research and research findings to impact policy change: The case of maternal mental health. Society on Social Work Research. Washington, D.C. Roundtable Presentation. Society on Social Work Research. Washington, D.C.

\*Walton, Q., **Sampson, M.**, Boyd, R., Omowale, S. & Parker, A. (2021). Toward a health equity narrative for Black maternal health wellbeing. Roundtable Presentation. Society on Social Work Research. Washington, D.C.

\***Sampson, M.** & Yu, M. (2020). Reducing Disparities in Postpartum Mental Health: Results from a Home Visiting Intervention Among Low-Income Latinas. Oral Paper Presentation. Society on Social Work Research. Washington, D.C.

**Sampson, M.**, Washburn, M. & Parrish, D. (2019). Increasing cultural competence through integrated healthcare and interprofessional education. Oral paper presentation. Council on Social Work Education Annual Program Meeting. October 23-27, Denver, CO.

\***Sampson, M.** & Yu, M. (2019). Effectiveness of Reducing Depression and Increasing Self-efficacy through a home visiting intervention delivered in Spanish: Results from the Rebozos de Salud Project. Poster Session. Postpartum Support International 32<sup>nd</sup> Annual Conference. June 26-30. Portland, OR.

\***Sampson, M.** & Yu, M. (2019). Preliminary Results from a RCT Comparing Home Visits to Treatment as Usual in a Reproductive Psychiatry Department. Poster Session. Postpartum Support International 32<sup>nd</sup> Annual Conference. June 26-30. Portland, OR.

**Sampson, M.** & Washburn, M. (2018). Evaluation of GLOBE Youth: Interprofessional Behavioral Health Training Program. CSWE Annual Program Meeting Conference in Orlando, FL. November 8-11.

\***Sampson, M.** Parrish, D. & Zhou, S. (2017). Using the OSCE to Assess MSW students' integrated behavioral health skills. CSWE Annual Program Meeting Conference in Dallas, TX.

\*Yu, M. & **Sampson, M.** (2017) “Pediatricians Attitudes and Practices on Postpartum Depression Screening”. Poster Presentation. Postpartum Support International Conference, July 13-14, Philadelphia, PA.

\***Sampson, M.** & Yu, M. (2017). “Pilot Study to Reduce Postpartum Depression Symptoms among Low-Income Mothers in a Residential Treatment Facility”. Panel presentation, Postpartum Support International Conference, July 13-14, Philadelphia, PA.

Parrish, D. & **Sampson, M.** (2017) “Evaluation of GLOBE Youth: An Interprofessional Behavioral Health Social Work Graduate Training Program”. Society for Social Work and Research (SSWR) conference January 11-15, Washington, D.C.

\*Yu, M. & **Sampson, M.** (2017) Oral paper presentation: “Pediatricians Attitudes and Practices in postpartum depression screening: Social Work role. Society for Social Work and Research (SSWR) Conference, January 11-15, Washington, D.C.

\*Whaley, C., Kao, D. & **Sampson, M.** (2016, Jan.) *Postpartum Depression Among Teen Mothers and Its Effects on Maternal and Child Well-Being*. Poster, 20<sup>th</sup> Annual Conference, Society for Social Work and Research. Washington, D.C.

\*Villarreal, Y., Torres, L.R., **Sampson, M.** & Bordnick, (2016, Jan.) *Life in the Barrio: The Interrelationship of Stress, Depression and Substance Use*. Poster, 20<sup>th</sup> Annual Conference, Society for Social Work and Research. Washington, D.C.

LeDoux, T. Robinson, A. **Sampson, M.** & Beasley, A. (2015, Oct.) *Effect of Intuitive Eating on Gestational Weight Gain*. Poster, Academy of Nutrition and Dietetics Food and Nutrition Convention and Exposition. Boston, MA.

**Sampson, M.** & Parrish, D.E. (2015). *Interprofessional Behavioral Health Training Program for Bilingual Social Workers*. Oral paper at Council on Social Work Education, Annual Program Meeting. Denver, Colorado Oct. 14-17.

**Sampson, M.** & Parrish, D.E. (2015). *Assessing Behavioral Health Practice Skills among MSW Students Using the Objective Structured Clinical Examination (OSCE)*. Oral paper at Council on Social Work Education, Annual Program Meeting. Denver, Colorado Oct. 14-17.

\*Duron, J.F., Cheung, M., Parrish, D.E., & **Sampson, M.** (2015). *Prosecution of child sexual abuse cases: Exploring associated characteristics*. Poster at 19th Annual Conference, Society for Social Work and Research. New Orleans, LA.

\***Sampson, M.** & Villarreal, Y. (2014, June). *Development of an Intervention for Postpartum Depression Among Impoverished Mothers*. Poster at Postpartum Support International Annual Conference. Chapel Hill, North Carolina.

**\*Sampson, M. & Villarreal, Y.** (2014, Jan.) *Home Visits of Motivational Interviewing and Problem Solving Therapy to Target Perinatal Depression: A Pilot Study.* Poster at Society for Social Work and Research. San Diego, CA.

**\*Ledoux, Najmus Saher, Sampson, Gallagher, Berens.** (2013, March) *Negative Body Image is Related to Overeating among Diverse Low-income Overweight Pregnant Women.* Poster presentation at Society for Behavioral Medicine, San Francisco

**Sampson, M.** (2013, Jan.) *The role of educational attainment in the association between perceived support and maternal stress among unmarried urban mothers.* Oral Paper at the Society for Social Work and Research. San Diego, CA.

**\*Sampson, M., Kao, D.T., Duron, J.** (2013, Jan.). *The role of postpartum depression in child maltreatment and parental home environment. A secondary analysis of a Healthy Families American program.* Oral Paper at the Society for Social Work and Research. San Diego, CA.

**\*Sampson, M., Duron, J, Torres, M.** (2012, November). Oral Paper: *A thematic approach to understanding postpartum depression among African-Americans and Latina Immigrants.* Oral paper at the Council on Social Work Education: Annual Program Meeting. Washington, DC.

Parrish, D., von Sternberg, K., Cochran, J., **Sampson, M.,** Dolan Mullen, P. & Velasquez, M.M. (2009, May). *Alcohol and Nicotine exposed pregnancies: Common and unique characteristics associated with risk.* Poster presentation at the Society for Social Work and Research. San Francisco, CA

Berger-Cardoso, J., **Sampson, M.** and Padilla, Y.C. (2009, August) *Application of Belsky's Parenting Stress Model to Hispanic Mothers: A Racial and Ethnic Comparative Analysis.* Roundtable presentation at American Sociological Association. San Francisco, CA.

**Sampson, M., Umberger, T., Waidhofer, K., Mullen, P, Velasquez, M.M.** and von Sternberg, K. (2009, January) *Psychiatric Distress and Other Correlates Associated with Being a Victim of Physical Abuse in Female Inmates.* Poster presentation at Society for Social Work and Research conference. New Orleans, LA.

### ***Regional/Local***

**Sampson, M. & Torres, L.R.** (2013). *Bridging the Research-Practice Gap Symposium* in Houston, TX April 5-6, 2013. Invited Discussant on Culturally Relevant Evidence Based Practice.

**Sampson, M.** Villarreal, Y. (2013). *Development of a Home Visiting Intervention for Prevention of Postpartum Depression*. Invited Presentation for Mental Health America of Greater Houston. Houston, TX June 2013.

**Sampson, M.** (2011, December). *We are in This Together: The Role of Partner Support in Maternal Stress*. 2011 Social Work Research Conference, University of Houston Graduate College of Social Work.

**Sampson, M.** (2011, November) *The Role of Maternal Mental Health in Child Well-being*. Neighborhood Centers Inc., Healthy Minds, Healthy Moms, Healthy Families Conference.

**Sampson, M.** (2011, April) *Postpartum Depression: Who it Affects and How We Can Help*. Avance Early Head Start Parents Conference.

Parrish, D., von Sternberg, K., Cochran, J., **Sampson, M.**, Dolan Mullen, P. & Velasquez, M.M. (2009, May). *Alcohol and Nicotine exposed pregnancies: Common and unique characteristics associated with risk*. Poster presentation at the Central Texas Clinical Research Forum: Collaborations in Research & Education on May, 7, 2009 in Austin, TX.

Parrish, D., von Sternberg, K., Cochran, J., **Sampson, M.**, Dolan Mullen, P. & Velasquez, M.M. (2009, February). *Alcohol and Nicotine exposed pregnancies: Common and unique characteristics associated with risk*. Poster presentation at the Texas Research Society on Alcoholism 19<sup>th</sup> Annual Meeting on February, 20, 2009 in San Antonio, TX.

**Sampson, M.**, Umberger, T., Waidhofer, K., Mullen, P, Velasquez, M.M. and von Sternberg, K. (2008, February) *Psychiatric Distress and Other Correlates Associated with Being a Victim of Physical Abuse in Female Inmates*. Poster presentation at Texas Research Society on Alcoholism conference. Austin, TX.

**Sampson, M.** (2008, February). *Striking a Balance: Maternal Stress and Work*. Poster Presentation at Promoting Health in Underserved Populations: Advancing Health Aging conference. The Center for Health Promotion and Disease Prevention Research in Underserved Populations, The University of Texas at Austin, School of Nursing.

Jones, B. and **Sampson, M.** (2006, February) *The Meaning of Cancer Survivorship for Hispanic Adolescents: a Qualitative Pilot Study*. Poster presentation at Promoting Health in Underserved Populations: Advancing Women's Health. The Center for Health Promotion and Disease Prevention Research in Underserved Populations, The University of Texas at Austin, School of Nursing

**Sampson, M.** (2004, November) *Needs Assessment for Loudon County Childhood Obesity Prevention Program*. Poster presentation at the Rural Health Association of Tennessee regional conference. Chattanooga, TN.

## **ADVANCED TRAINING**

Health Policy Writing Seminar: Pilot Project at the Baker Institute for Public Policy, Rice University. Completed training Sept.-December 2023.

Qualitative Analysis II: Phenomenological/Hermeneutic, Narrative/Discourse Methods. University of Chapel Hill, School of Nursing (2012)

10<sup>th</sup> Annual Qualitative Research Summer Intensive (2013). Modules on: Constructivist Grounded Theory and Community Based Participatory Research. University of Chapel Hill, Odum Institute.

## **INVITED TALKS, TRAININGS AND CONSULTATION**

Sept. 2023	Keynote speaker, LIFE Houston friends gala
Sept. 2023	Invited panelist: Health Equity in Workplace. Health Benefits Nation Conference, Center for Houston's Future.
May 2023	Invited Panelist, LIFE Houston Mother's Day Luncheon
Nov. 2022	Keynote speaker. 2022 Taiwan Medical Social Work Sustainable Development International Conference. Social Work Intervention for Postpartum Depression.
Oct. 2022	Invited panelist: Baker Institute at Rice University. Conversations on Health: Maternal Health in the 2022 Midterm Elections.
Feb. 2022	Invited panelist: Rice University, Engaging Communities for Maternal Health. Alternative Spring Break panel.
June 2021	Invited panelist: Technical Expert Panel: Need for Maternal Health Resources. RAND Corporation/ Office of the Assistant Secretary for Planning and Evaluation (ASPE).
March 2020	Invited panelist: Unlimited 2020: Global Health Conference. Social Workers in Integrated Healthcare: Focus on Improving Maternal Health.
Feb. 2020	Invited presentation at the Improving Maternal Health Steering Committee meeting. Topic: Innovative solutions for maternal health disparities.
April 2020	Invited panelist: The Impact of Structural Racism on Black Maternal health. Presented at the March of Dimes: "It's not Fine: Collaborating to Address Black Mental Health".

May 2019	Invited Talk. Partnership for Maternal and Child Health of Northern New Jersey. Title: Cultural Considerations in Maternal Mental Health.
March 2019.	Invited Talk for UH Diversity Institute Conference. Title: Disrupting the Myth of Blissful Motherhood: Disparities in Maternal Health.
March 2019:	Invited Panelist for the IMPACT: Dedra Shealy Maternal Mental Health Conference. Title: Effective Treatments for Postpartum Depression.
Nov. 2018-	Consultant and Trainer for the Texas Medical Center Health Disparities Grant. Postpartum Depression Model of Care: A Randomized Trial.
May 2018	Consultant and Trainer for Texas Children's Hospital and UT Pediatric Public Health. Intervention design and delivery for PPD.
April 2017	Latina Maternal Mental Health: Importance of the Attention to Cultural Beliefs. Invited speaker at the Maternal Mental Health Conference, University of Texas, Austin, Texas.
March 2017	Maternal Health Congressional Staff briefing with Urban Strategies, LLC
Aug. 2015	Panelist for "Making Together Work. Policy Solutions for Integrating Care. Mental Health America and Rice University Baker Institute for Public Policy.
June. 2015	Problem Solving Therapy for clients at SEARCH homeless services. Training provided.
March 2014-Present	Project HOPE for maternal health. Consultation provided intervention design and counselor training of motivational interviewing and problem-solving tools to decrease postpartum depression among low-income mothers in a DSRIP funded program.
Nov. 2013	Sampson, M. (2013). Behavioral Health in Social Work: A growing demand for trained practitioners. Presented at the China-US collaborative conference: Shanghai region, Shanghai, China, November 19 (invited).

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| Nov. 2013          | Sampson, M. (2013). Teaching behavioral health in social work. Presented at the China-US collaborative conference: Shanghai region, Shanghai, China, November 20 (invited).                              |
| Nov. 2013          | Sampson, M. (2013) Behavioral Health in Social Work: A growing demand for trained practitioners. Presented at the Shenzhen Social Worker Association conference, Shenzhen, China, November 22 (invited). |
| June-<br>Dec. 2011 | Baylor College of Medicine, Dept. of Psychiatry and Behavioral Sciences. Developed and presented curriculum to licensed counselors on how to adapt motivational interviewing for primary care.           |
| Oct. 2011          | Family Services of Greater Houston. Presented and Facilitated Discussion on the topic: Motivational Interviewing in Family Services Agencies: Strategies and Spirit.                                     |

#### **MEDIA EXPOSURE RELATED TO RESEARCH**

**Interview. Newspaper.** Houston medical experts explain how you can have a healthy pregnancy. Houston Chronicle. February 8, 2022.

Featured Expert. Public Report. Strategic Initiatives: Health Care. Center for Houston's Future. May, 2022.

**Interview for UH Moment. Radio Healthy Start Initiative Protecting Mothers and Babies. . May 2021.**

**Interview. Television. Fox 26, Houston. Isaiah Factor Uncensored: Maternal Mortality among Houston African American mothers.**

**Interview. Television with KRPC Newsmakers, UH Healthy Start Initiative. September 2019**

**Press Release and Interview.** Latina mothers, families at the core of \$500,000 grant to UH. University of Houston press.

#### **SPECIALIZED TRAINING**

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|------------------------|---|
| Aug. 2007-<br>May 2009 | Completed training to be a motivational interviewing coach. Provided coaching for participating Texas Department of State Health Services mental health counselors. |
| February 2014          | Provided training to State of Indiana MI for home visitors  |



July 2014	Provided training in MI and PST for DSRIP project at UT Health Sciences
Aug. 2014	Completed nationally recognized training program for Trauma Focused CBT. Houston, TX

## COMMITTEES AND SERVICE

### *UH and GCSW*

Sept. 2017-current	GCSW, Retention and Promotion Committee
Sept. 2017-2019	College of Medicine, Learning Curriculum Design Subcommittee
Sept. 2017-current	University of Houston, IRB committee
June 2016- Jan. 2017	Student Hotspotting Learning Collaborative
Aug. 2015- Aug. 2016	Cougar Chairs Leadership Academy
Sept. 2014- current	GCSW, various Search Committees (Associate Dean for Academic Affairs, Tenure Track Professor)
Sept. 2015- May 2017	Faculty Senate, Research and Scholarship Subcommittee
Sept. 2015- May 2016	Admissions Committee, Graduate College of Social Work
Sept. 2015	Search Committee, Associate Dean for Academic Affairs
Sept 2013- May 2013	GCSW Curriculum Committee
Aug. 2015 March 2014- current	Behavioral health Specialization workgroup
Jan. 2015	Dialogue Circles Against Racism Facilitator at GCSW
Sept. 2012	Search Committee for Clinical Faculty Field Director

Jan. 2011- Field Practicum Advisory Committee

May 2014

***External/Community***

2021-current Maternal and Infant Health Committee: March of Dimes.

2021-current Houston Health Equity Collaborative

2017-2020 Reducing Maternal Mortality Steering Committee. Houston Endowment.

2016-2017 School Behavioral Health Collaborative. Founded by Mental Health America to mobilize behavioral health initiatives in schools

March 2015- ACE Coalition: mobilizes health and community leaders to confront Adverse Child Experiences (ACE). Postpartum Depression sub-group

May 2015- Mental Health America Integrated Health Initiative consultant and workgroup member

Aug. 2009- Mental Health America of Greater Houston  
Present Yates Children Memorial Fund training and advocacy committees (research and outreach)

Aug. 2011- SUNNY FUTURES Healthy Start Community Consortium  
Dec. 2014 Research & Data Committee member.

***Editorial Activities/ Reviewer***

Journal of Applied Research on Children: Informing Policy for Children at Risk

Qualitative Health Research

Journal of Family Issues

Women's Health Issues

Social Work in Health Care

**PROFESSIONAL MEMBERSHIPS**

2012- Council on Social Work Education  
Present

2008- Society for Social Work and Research  
Present

2009-  
Present

Mental Health America of Greater Houston

2009-  
Present

Postpartum Support International