

ASK Cultural Competency Assessment Scale (Short Version ©2008)

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Working with People of Diverse Cultures: Attitude (A), Skill (S) and Knowledge (K)

Use the following scale between 1 to 5 to assess your readiness in terms of Attitude, Knowledge, and Skill when working with a specific family/client:

- 1 = Totally Unprepared
- 2 = Somewhat Prepared
- 3 = Neutral
- 4 = Ready
- 5 = Competent

Attitude Assessment

- | | | | | | |
|---|---|---|---|---|---|
| 1. I am open to hear the clients' perceptions. | 1 | 2 | 3 | 4 | 5 |
| 2. It is crucial that clients be allowed to clarify their perceptions of the problem. | 1 | 2 | 3 | 4 | 5 |
| 3. I understand that a possible attitude toward the use of authority is so important that it may influence the family's willingness to participating in the assessment process. | 1 | 2 | 3 | 4 | 5 |
| 4. I enjoy learning from my clients about their culture. | 1 | 2 | 3 | 4 | 5 |
| 5. I use my previous experiences in working with clients from a specific culture as a guide in selecting services for new clients from that same culture. | 1 | 2 | 3 | 4 | 5 |

Skill Assessment

- | | | | | | |
|---|---|---|---|---|---|
| 6. I openly ask questions and share information concerning cultural differences with clients to help identify possible problems and barriers that my clients and I might encounter. | 1 | 2 | 3 | 4 | 5 |
| 7. I ask clients to reflect back to me what they hear me saying about their problems. | 1 | 2 | 3 | 4 | 5 |
| 8. When I encounter what appears to be resistance, I also explore other possible meanings of this behavior in my client's culture. | 1 | 2 | 3 | 4 | 5 |
| 9. I assess family strengths within the context of cultural norms when appropriate. | 1 | 2 | 3 | 4 | 5 |
| 10. I acknowledge culturally specific practices that I am not familiar with. | 1 | 2 | 3 | 4 | 5 |
| 11. I address the client's inappropriate behaviors that inhibit successful goal attainment without judging particular cultural values or beliefs. | 1 | 2 | 3 | 4 | 5 |

Knowledge Assessment

- | | | | | | |
|--|---|---|---|---|---|
| 12. I know several ways of greetings that may work well with the family. | 1 | 2 | 3 | 4 | 5 |
| 13. I understand that information specific to the culture of the family may be useful in developing goals and objectives with the clients. | 1 | 2 | 3 | 4 | 5 |
| 14. I realize the importance of including culturally relevant information in the outcome evaluation. | 1 | 2 | 3 | 4 | 5 |

Figure 3.4

ASK Instrument for Use in Cultural Competency Assessment
