

The **Health Promotion and Peer Educator Specialist** plays a crucial role in supporting the mission of **UH Wellness**. This mission focuses on promoting health, wellness, and self-actualization through education, outreach, and prevention. UH Wellness is dedicated to assessing and addressing the health and wellness needs of all students, using data to develop, implement, and evaluate various programs, services, and events. As the campus grows, so do our efforts to reach students where they are. The key to achieving this is through peer education.

Under the guidance of the assistant directors, the Health Promotion and Peer Educator Specialist will work to mobilize, create, and sustain the campus-wide **Cougar Peer Education (CPE)** program, and expand health education practices. The goal is to foster an environment that enhances the health and well-being of individual students, student groups, and the broader campus community, including the Sugarland Instructional Site using peer education.

As a member of a dynamic and fast-paced office, the Health Promotion and Peer Educator Specialist will supervise and train students to be part of Cougar Peer Educators (CPE), building a well-educated and sustainable peer education group. The specialist will train peer educators in eight key areas: the role of peer education, helping peers make behavior changes, listening skills, response and referral skills, how to take action and intervene, recognizing the role of diversity and inclusivity, programming and presentation skills, self-care, and group dynamics. This training will develop leadership skills to successfully create and implement campus programs. They will also collaborate closely with departments within the Health and Wellbeing Portfolio, Student Affairs, Athletics, and Academic Affairs to do programming.

Primary duties and responsibilities include:

- Leading the supervision, training, and recruitment development of the Cougar Peer Educators on the main campus and in Sugarland.
- Implementing and evaluating theory-based and evidence-informed health promotion strategies with peer educators.
- Coordinating collaboration with key campus stakeholders to develop a multidisciplinary, upstream approach to health and well-being on various topics, including mental health, physical activity, nutrition, substance use, resiliency, and life-enhancing skills on the main campus and Sugarland Instructional Site.
- Coordinating with the Health Communication Specialist to develop strategic digital and print communication.
- Cultivating interdisciplinary campus partnerships to advance the goal of becoming a healthy campus.

DSAES Strategic Initiative

- Lowering costs for economically disadvantaged
- Increased student engagement
- Increased engagement for students at UH Sugar Land

Funding Request	
	Amount
Salary- UHF	\$54,800
Benefits	\$16,440

Professional Development	\$2,000
Admin Fee	\$4394.4
Total	\$77,634.4