



# Cougars in Recovery

Division of Student Affairs

## Mission

Cougars in Recovery aspires to *redefine the college experience* for students in and seeking *recovery from substance use and mental health disorders* through **recovery support services, community events**, as well as **professional and leadership development**.

Presented by: Program Director, Raquell Becker



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[www.uh.edu/cir](http://www.uh.edu/cir)



Cougars in Recovery



[uhcougarsinrecovery](https://www.instagram.com/uhcougarsinrecovery)



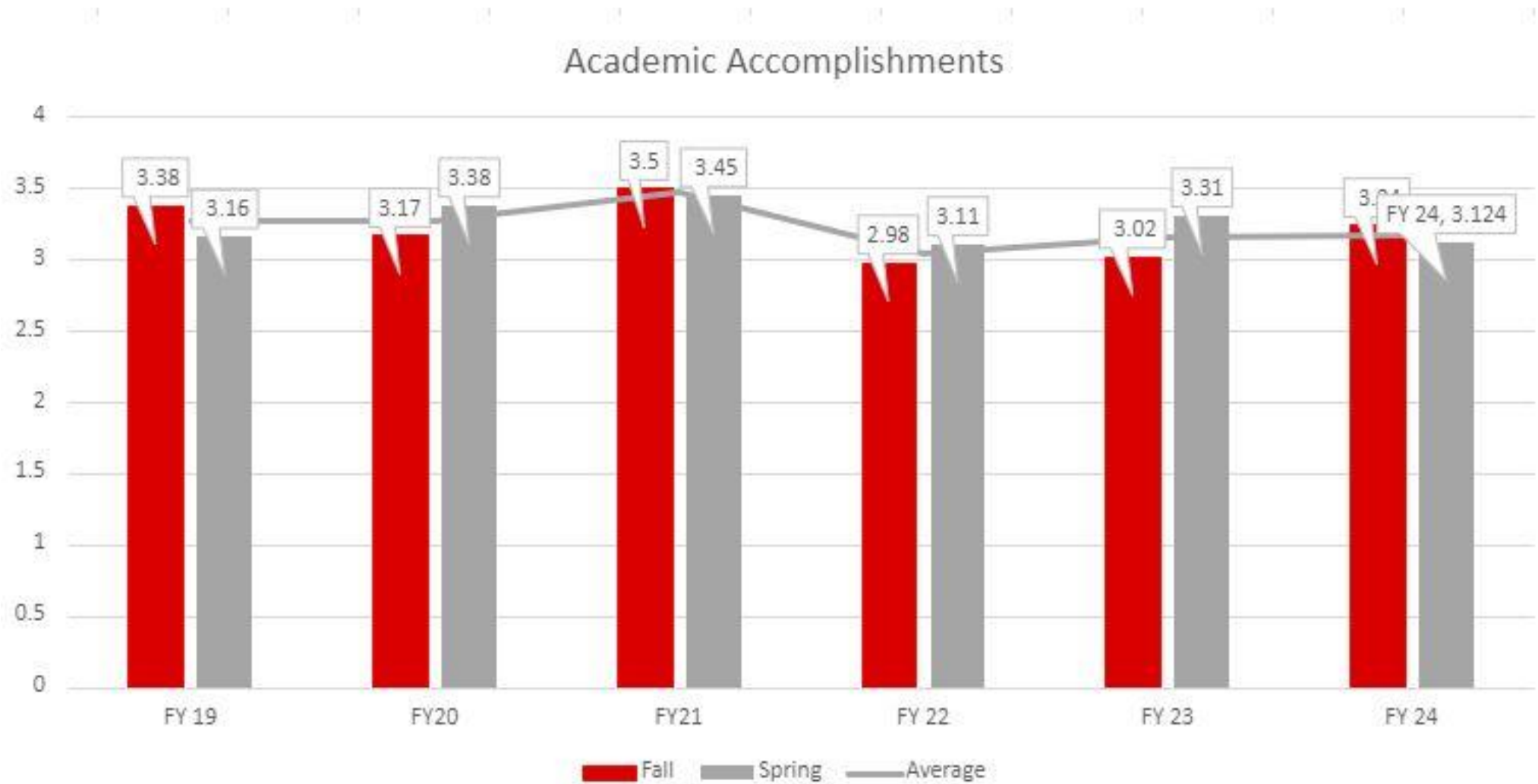
[CoogsNRecovery](https://twitter.com/CoogsNRecovery)

# CIR and the DSA Strategic Initiatives

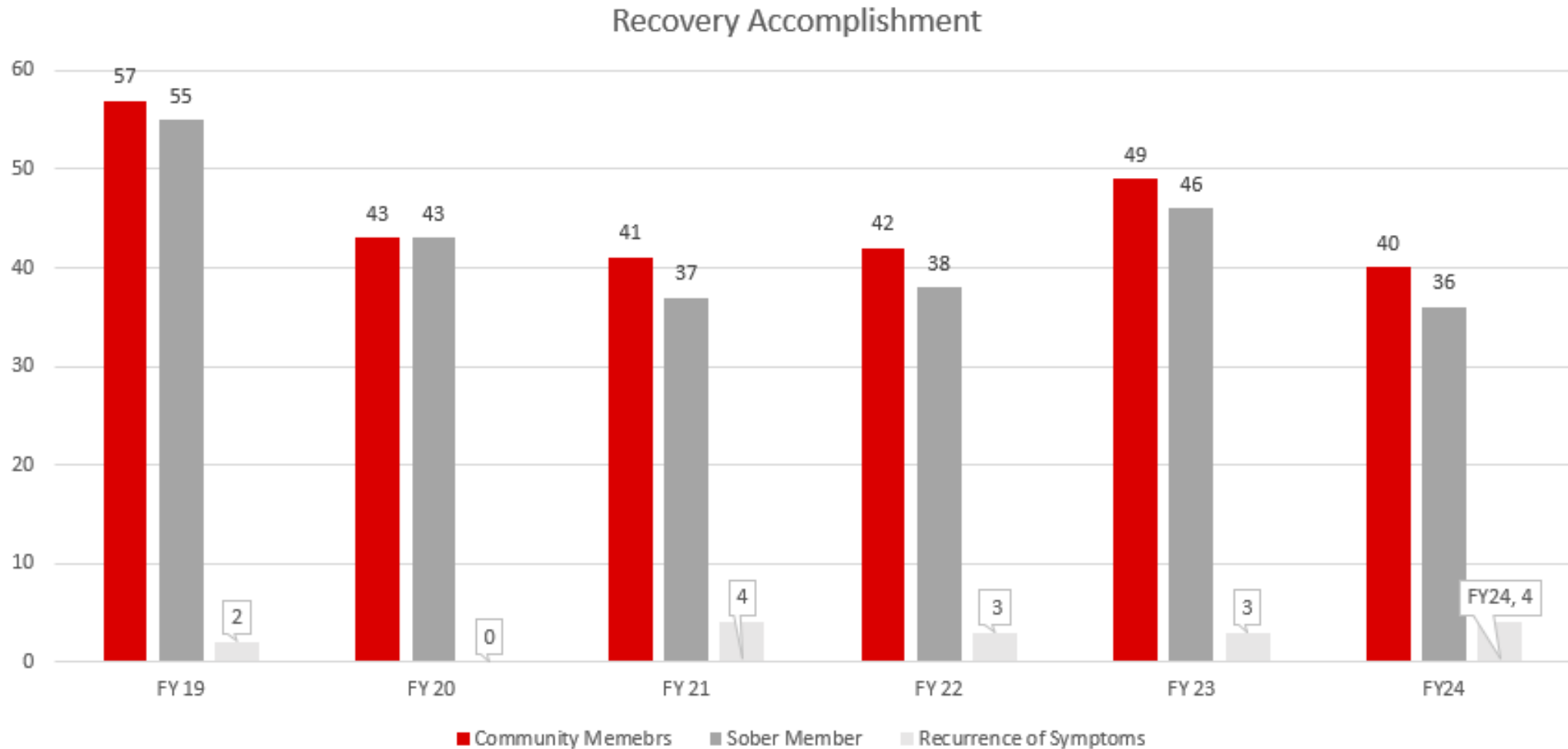
- Academic Accomplishments
- Recovery Accomplishments
- Graduation and Retention Rates



# Academic Accomplishments

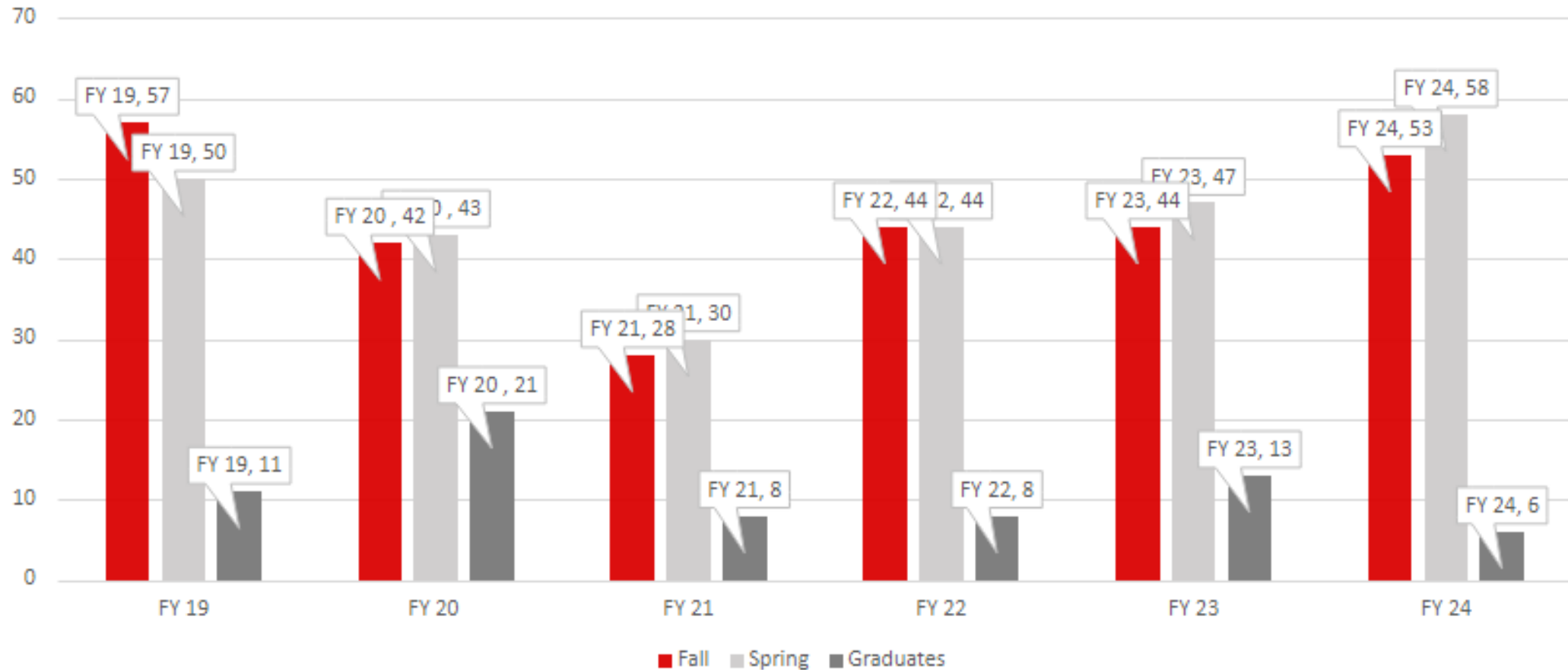


# Recovery Accomplishments



# Graduation and Retention Rates

Graduation and Retention Rate



# FY24 Accomplishments

- CIR received **accreditation** from ARHE
- **90%** Recovery Rate
- 25% increase in **student attendance** to Community Check-In peer to peer process groups from Fall to Spring
- **138% increase** in student attendance for Summer Community Check-In groups, Summer 2023 to Summer 2024
- **CIR raised \$98,299**



# Needs

1. **Permanent Space for CIR Program**
2. **Fully Funding the Program Coordinator position**
3. **Funding for the Annual Graduation Ceremony and *Friendraising Dinner***

# Permanent Space for CIR Program

- CIR has graciously been given space by the Student Housing and Residential Life department since beginning to serve students in fall of 2013.
- Fall 2027, Moody Towers is scheduled to be torn down and rebuilt.
- Dr. Kittle, Mr. Dawe, and SHRL is working with us to help us find a new space.
- We will potentially have to pay rent at the new space.





# Fully Funding the Program Coordinator position

- Currently, partially funded by SFAC and partially by soft donation dollars.
- The need for this position is permanent and increasing with the growth of our community.
- We therefore need a stable permanent funding source.



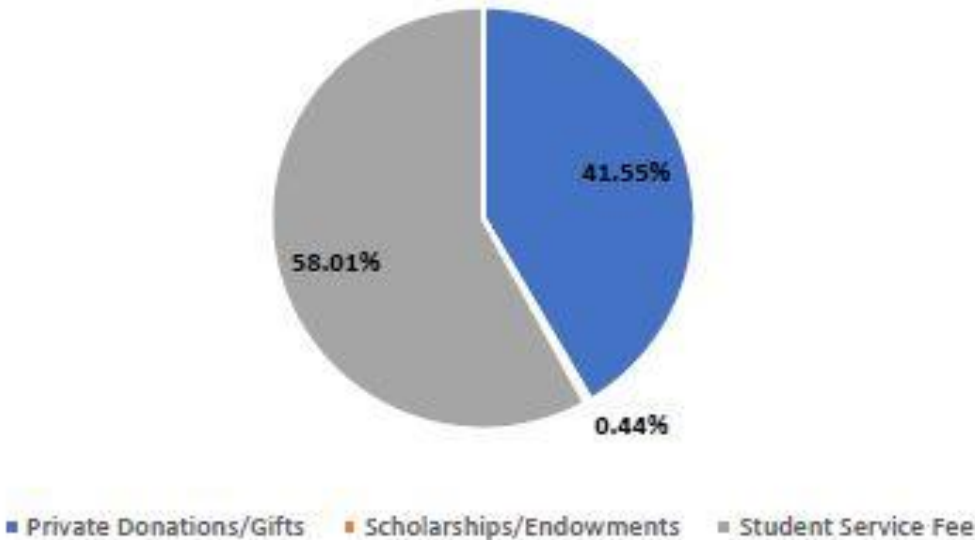
# Funding for the Annual Graduation Ceremony and Friendraising Dinner

- Currently fully funded by soft donation dollars.
- The dinner is a celebration of the students' success in both recovery and academics.
- The students' stories engage and inspire our stakeholders and supporters.
- These supporters' donations represent our largest annual donation event.
- Permanently funding this critical program will leverage ROI that supports student success.



# FY 24 Actuals and FY 25 Budget

FY 25 Budget



Type of Fund	FY 25 Budget
Private Donations/Gifts	41.55%
Scholarships/Endowments	0.44%
Student Service Fee	58.01%
Grand Total	100.00%

Student Service Fee Prior Year and Current Year Budget and Actuals

Budget Node	FY24 Budget	FY24 Actuals	Variance	FY25 Budget
Salary and Wage	\$ 198,253	\$ 171,489	\$ 26,764	\$ 199,600
Maintenance & Ops	1,652	20	1,632	303
Admin Charges	10,953	10,291	662	10,954
<b>TOTAL</b>	<b>\$ 210,858</b>	<b>\$ 181,799</b>	<b>\$ 29,059</b>	<b>\$ 210,857</b>



# Q&A

