

UNIVERSITY of HOUSTON

Division of Student Affairs
Counseling and Psychological Services

CAPS is respectfully requesting the following **FY 26 Base Augmentations** to cover the continued expansion of licensed clinicians and 24/7 mental health support:

Reason for Request	Request Amount
24/7 Mental Health (Welltrack Boost and Togetherall)	138,860
3 Embedded Clinicians	331,755
1 Clinical Case Manager	99,767
Covered/Bridge to Care psychotherapy sessions	13,250
JED initiative marketing and resources	10,600
3 Mobile Crisis Response Clinicians	344,361
Grand Total	938,593

Justification for Requests

Chancellor Khator convened a team of external reviewers in May 2023 to examine CAPS' Clinical Model, Structure, Resources, Leadership, and Strategy. The external review yielded some of the following recommendations, which serve as the primary justification for CAPS' base requests:

- 1) **Increase staffing to 35 clinical FTE to expand clinical capacity:** It is important to cast a wide net or web of support across campus to bolster the services CAPS offers. The Embedded Counselors, Clinical Case Manager, and Mobile Response Clinicians will provide support at different access points and varying degrees across campus. They will be positioned in ways that will allow more accessibility, flexibility, and coverage to support more students.
- 2) **Launch a 24/7/365 service option for all students using a contracted service provider:** We have contracted with Togetherall and Welltrack Boost to provide 24/7 care and resources to students. Base augmentation is requested to continue with these contracts moving forward. In addition, we are also requesting base funding to maintain the *Covered/Bridge to Care* psychotherapy sessions. These are paid (covered) sessions to community providers for those students who meet the following criteria:
 - referred out for needs beyond the scope of CAPS
 - no insurance/unable to use insurance due to privacy concerns (e.g. does not want family to know)
 - financial need (cannot afford sliding scale at \$50)
- 3) **Reconceptualize and update faculty, staff, and student training in mental health awareness training:** CAPS redesigned the former Helping Students of Concern workshop to what is now called, *You Can Help a Coog* training. It is part of a Mental Health Training Series that includes *QPR suicide prevention* and *Mental Health Bystander Intervention*. This base request is to support on-going marketing and materials for the a) mental health training series, b) JED Campus 3rd Year Kickoff Event and c) the annual Mental Health Resource Fair. All these trainings and events are part of creating a campus wide web of supportive resources for our students.