## UNIVERSITY of HOUSTON

## Student Health Center

The Student Health Center is respectfully requesting the following Base request for FY 23

Position	Annual Salary	Fringes	Professional Development	Admin	Total Request Amount
Clinical Care Coordinator	62,000	21,700	2,500	5,172	91,372

## **Justification for Request**

- 1. A recent survey of college students on campuses across the US revealed that 60% of students reported that the pandemic made it more difficult to access mental health services\*. The reason for this lack of access is multifactorial, however one significant barrier is not having knowledge of how to access care in our fragmented healthcare system. The ongoing reality is that the services available to students in the community depends on whether the student can navigate the fragmented system to get access. A clinical care coordinator would assist us in this process.

  \*(https://healthymindsnetwork.org/wpcontent/uploads/2020/07/Healthy\_Minds\_NCHA\_COVID\_Survey\_Report\_FIN\_AL.pdf)
- 2. Students who identify as first-generation college students often require more ongoing support to achieve academic success. Prior research indicates that first generation students are more likely to be people of color, lower family income, immigrants, and/or needing to work more than 13 hours a week to support themselves. On the UH campus, over 50% of students identify as first generation. The tradition on this campus celebrates and lifts up all of our students, however we also acknowledge that targeted, tangible support to our first generation students can improve their academic outcomes. One specific support that has been identified as impacting academic success is access to mental health resources at the time they are needed. The health center has a robust psychiatric clinic that sees students who are struggling with mental health challenges. The majority of those students require both crisis care and active support to access additional mental health services in the community. A clinical care coordinator would achieve both of these aims.
- 3. In July 2021, the Student Health Center achieved reaccreditation from the Accreditation Association for Ambulatory Health Care (AAAHC). The feedback from that intensive tri-annual survey was that our low levels of institutional funding support were insufficient to match the higher level of needs of our unique student body. The types of support services required to appropriately serve our students are non-revenue generating and require institutional support. We respectfully request a base funding allocation to provide clinical care coordination services to our students.