



COLLEGE OF EDUCATION

Bachelor of Science, Health, Health Promotion

Four-Year Academic Map 2025-2026

YEAR 1	Semester 1 Fall			Semester 2 Spring			Total
	HLT 1353	Personal Health	3	CORE	Creative Arts*	3	
	ENGL 1301	First Year Writing I*	3	ENGL 1302	First Year Writing II*	3	
	GOVT 2306	US and Texas Constitution and Politics*	3	GOVT 2305	US Government: Congress, President, & Courts*	3	
	MATH 1314	College Algebra*	3	CORE	Math Reasoning*	3	
	CORE	Social & Behavioral Sciences*	3	CORE	Life & Physical Sciences*	3	
	Semester Hours		15	Semester Hours		15	30

YEAR 2	Semester 1 Fall			Semester 2 Spring			Total
	HLT 2320	Introduction to Public Health	3	HLT 3301	Behavior Theory & Practice	3	
	HIST 1301	The US to 1877*	3	HIST 1302	The United States since 1877*	3	
	CORE	Math Reasoning*	3	CORE	Math Reasoning*	3	
	CORE	Life & Physical Sciences*	3	CORE	Writing in the Disciplines*	3	
	CORE	Language, Philosophy and Culture*	3	HLT	Health Elective	3	
	Semester Hours		15	Semester Hours		15	30

YEAR 3	Semester 1 Fall			Semester 2 Spring			Total
	HLT 3381	Health Promotion & Disease Prevention	3	HLT 4307	Research and Evaluation in Health	3	
	HLT	Health Elective	3	HLT	Health Elective	3	
	HLT	Health Elective	3	HLT	Health Elective	3	
	MINOR	Minor Course	3	MINOR	Minor Course	3	
	MINOR	Minor Course	3	MINOR	Minor Course	3	
	Semester Hours		15	Semester Hours		15	30

YEAR 4	Semester 1 Fall			Semester 2 Spring			Total
	HLT 4310	Program Planning for Health Professions	3	HLT 4392	Field Work in Community Health	3	
	HLT	Health Elective	3	HLT	Health Elective	3	
	MINOR	Minor Course	3	ELECTIVE	Approved Elective	3	
	ELECTIVE	Approved Elective	3	ELECTIVE	Approved Elective	3	
	ELECTIVE	Approved Elective	3	ELECTIVE	Approved Elective	3	
	Semester Hours		15	Semester Hours		15	30
							120

*State of Texas Core Curriculum

Students should meet with their academic advisor to formulate their own plan.